

PREMIER SOCCER SKILLS

Footskills & Ball Mastery Mini-Camps

- 4 days of focused player improvement:
- Ball Control - Creativity - Confidence - Vision

“Premier Soccer Skills”, hosted by WVFC, presents a short but engaging learning format -- 4-day mini-camp. A ball skills-mastery program based on outstanding results over 30 years, and hundreds of successful personal player stories. Run by a father-daughter coaching team with national level experience and accolades.

Programs designed and led by Coach William Bragg, Ph.D. and assisted by Keagan Bragg and WVFC Director of Coaching, Nikola Pearson.

William Bragg, Ph.D. (Education) - 30+ years of soccer coaching excellence, and 3 Education degrees; 2 US National Coaching Licenses; 21 VA & MD State Cup championships (11 champs, 10 runner-up), US National Finalist, 2 Region I Champions...

Coached hundreds of kids that made it into VA and MD Olympic Development Programs (ODP), as part of national, USYSA ODP - as well as NCAA Div 1 soccer. Many kids also made it to Region I ODP Team, and a few (9) to National ODP Pools and Teams. Coached several HS & Parade All-Americans, NCAA All-Americans, and one that made it to U.S. Olympic (Gold, 1996) and U.S. Women's National Team [Staci Wilson]. Many players have made high school and state accolades like All-Met (Wash Post), All-State, etc, and also NCAA college successes. Rated as one of the “top coaches” and “Best in” player development -- in competitive soccer (local & national) by: Soccer America, Washington Post, Fairfax Journal, Potomac Soccer Wire.

Keagan Bragg, HS All-State & State Champs, NCAA Div 1 - “Big South” First Team (as freshman, the only freshman) - see link to [Big South News](#), VA & Region I Olympic Development; Nationally competitive, MD State Cup champion, VA State Cup semis (2); National Team Training Center invitee; Super Y - National Finalist; National Premier League, Elite Clubs National League, Region I Champions League, Super Y, and more in soccer.... Also, XC State Champs and All-State as HS senior; & VA HS State Champs (5A, Briar Woods HS).

Nikola Pearson:

- National Coaching Licenses & 25 yrs. coaching experience
- Former semi-professional player
- Former NCAA Div 1 soccer (GMU)

4-day camps (Mon-Thur, Fri as raindate) -- Three choices:

July 12-15 (16) | July 19-22 (23) | July 26-29 (30)

--Field: St. James: 49 Crosswinds Drive, Charles Town, WV

Ages 8-13 yrs. old: 6:30-8:00 pm (1.5 hrs) - \$90

[pay online - with PayPal/Credit Card button below registration form]

-----Program Topics on next page-----

Designed to make your player a more skilled, confident, intelligent and creative soccer player. The overall focus is to improve the individual soccer player's basic foundations of ball skills, which then improves confidence and vision, and in turn that improves vision and decision-making -- and this is a feedback loop to self-confidence and enjoyment of the game.

Footskills

-- improve speed, ball-control, touch, confidence, creativity, use of both feet, all parts of feet, all changes of direction & changes of speed in dribbling, moves/feints/fakes

And, improve overall Agility, Balance, Coordination, Fitness, Strength and Endurance WHILE using the ball. No need for it to be a separate thing, though training specifically for fitness, strength, and endurance is certainly advantageous (but for younger players, given time constraints, rigorous footskills can help all 6 of these things - and better ball mastery.

*Soccer experts around the world agree: *Footskills are the #1 differentiator in soccer success.*

Passing

-- accuracy, all parts of feet, pace, timing, deception, as well as chipping

Collecting

-- all parts of body, improve touch and placement/redirecting of ball

1v1

-- Attacking (all deception, beating defenders, uses of dribbling, shielding, etc.)

-- Defending (tackling, containing, jockeying, delay, marking, etc.)

Possession, Teamwork, and Movement off-the-ball

-- all aspects of tactical aspects of possession (#1 principle in soccer)

-- passing, receiving, moving, communication, reading game and vision, decision-making

-- small group tactics (learning concepts and frameworks, and applications relative to varying situations with 1, 2, 3, or more teammates), "reading" the game, adding creativity and deceiving defenders